



	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Mandarin Gardens (Convenient for Siglap, Marine Parade Road Etc)	11-12 PM Ladies				5-6 PM Children		5-6 PM Children
Meyer Road (Convenient for Meyer Road, Tanjong Rhu and Katong)			5-6 PM Children 6-7 PM Ladies				
Bedok Reservoir Road (Convenient for Bedok and condos like Baywater, Clearwater, Waterfront Waves and Aquarious By the Park etc)			11:00 – 12: 00 PM Ladies				
Near Tanah Merah MRT (Convenient for Upper East Coast Road, Bayshore Road, Bedok, Tanah Merah Etc)	5:30 - 6 :30 and 6:30 to 7:30 PM Children			11:00- 12:00 PM Ladies			
Punggol (Convenient for Punggol and Sengkang)		6-7 PM Children					
Simei (Melville Park) (Convenient for Simei and Tampines area)					11:00- 12:00 PM Ladies 6:30-7:30 PM Children		

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